



Dynamos Packing List

- Bible, notebook and pen
- Sleeping bag or sheets/blanket for a twin bed
- Pillow
- Casual clothing
- Shoes
- Light jacket/sweatshirt
- Towel/Shower shoes
- Personal toiletries (toothbrush, soap, deodorant, etc.)
- Bug spray and flashlight
- Rain jacket/poncho
- All of your things should fit into **one** clearly labeled duffle bag or suitcase

Dynamos Rules and Do-Not-Bring List

The following rules apply as part of the Dynamos candidate code of conduct. These are non-negotiable rules, the violation of which could lead to a candidate's leaving Dynamos early.

- The possession or use of non-prescription drugs, alcohol, tobacco, weapons, knives, fireworks, personal electronics (including iPods, MP3 players, Walkmans, cell phones, and computers) is not permitted. If any of these things are discovered, they will be taken and returned at the end of the weekend. Since they serve no positive purpose on the weekend itself, please leave them at home.
- Practical jokes, pranks, fighting, cursing, or put downs will not be tolerated.
- Boys are not permitted in girl's rooms nor girls in boy's rooms, Inappropriate displays of affection or exclusive relationships shall not be permitted.
- Candidates are expected to be on time to all meetings and to respect and obey all of the adult leaders. We will not begin a session or start our meals until everyone has arrived.